

Guidelines of the Round Table "Eco Design of Plastic Packaging" Practical Example "Yoghurt Pot"



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Practical Example "Yoghurt Pot"



Situation: An existing K3-Pot (3 Component-Pot) with the following specifications is to be (eco-) re-designed

- Yoghurt Pot 500ml, K3-System
- **Lid**: Aluminiumfoil, 30μm, weight 0,8g
- **Pot**: PS-thermoformed pot, 6,4g unprinted
- Paper sleeve: White lined chipboard ~240g/m². Weight 7,8g



Step 1: Defining environmental goals for the packaging design project

Question	Documentation of Results	
Does the environmental strategy of the	Yes. Environmental goals: Climate protection, recyclability, weight	
company include clearly formulated	(logistics-relevant, waste-reducing)	
environmental goals?		
Can specific environmental messages and	Brand message:	
environmental goals be derived from the	• Climate protection and recycling go hand in hand with the	
brand message (of the packaged good)?	brand message (ecologically "good")	
Have relevant environmental goals been	Yes.	
selected for this packaging design project ?	• Reduction of GHG emissions (contribution to climate protection)	
	 Recyclability, 	
	○ Weight reduction.	
Has the type and order of priority of the	Priorities:	
environmental goals been established?	1. Weight (because also economically relevant)	
	(understood here as: total weight of the pot)	
	2. Recyclability	
	3. Climate protection (easy to communicate)	



Step 2: Developing the Eco Design strategy

Question	Documentation of Results
Have "suitable" Eco Design	Selected Eco Design strategy elements:
strategy elements been selected?	Design for Optimised Ressource Use
	Design for Recycling
Has design leeway for the project	Design leeway and requirements:
been established?	Cost-neutral / no additional costs
	• Single use plastic packaging; no investments in new bottling plants are
	possible
	• Pot type is variable: In addition to the K3 pot, an all-plastic pot can also be
	chosen.
	• Pot has to be white
	 Besides that no basic specifications for the choice of material, but
	processing options of the existing machines / systems must be observed
Are all environmental goals	Reference case for optimisation goals: K3-Pot, see above
measurable? (Have all	Minimum requirements:
environmental goals been made	 Weight: -5%
measurable?)	 Climate protection: 5% GHG Reduction
	Optimisation goals:
	 Weight: -10%
	 Recyclability: according to RecyClass (C)
	 Climate protection: 10% GHG Reduction



APPROACHES

STRATEGY ELEMENTS

APPROACHES





Step 3: Applying Eco Design strategy elements





Step 3: Applying Eco Design strategy elements

Question	Documentation of Results	
Was the checklist for the relevant	Yes . The checklists have been applied for all selected strategy elements.	
strategy element used?	See checklists for detailed documentation.	
What selection or modification of the	Checklist Optimised Ressource Use	
packaging options results from this?	• K3 pot made from chalk plastic: PP with CaCO3,	
Note: In this example it is assumed that	PP all-plastic pot	
the various packaging options can be	Chalk plastic pot	
filled / processed by the existing	In each case: As cylindrical as possible, minimally arched bottom	
(see definition of design leeway)	For K3: Sleeve made from wood pulp / virgin fibres Checklist Design for Recycling	
	K3 pot with internal pot made from PP	
	Allplastic pot made from PP	
	• Explicit information text for proper (separate) disposal of pot and sleeve	
What difficulties became apparent?	The use of chalk plastic (as a result of the "Optimised Resource Use"	
	checklist) is currently preventing recycling. Chalk plastic variants and PS	
	are eliminated in the element "Design for Recycling". Regarding the	
Are there any conflicting goals that arise	sleeve the assessment of recyclability depends on whether it is assumed	
from optimising the other strategy	that the sleeve is correctly separated by the consumer.	
elements reviewed?		



Step 3: Packaging Options

• K3 Pot with inner PP-Pot

• All-Plastic PP-Pot





Step 4: Cross checking the optimisation effects achieved and solution of conflicting issues

Question	Documentation of Results
Have the 'optimised' packaging alternatives (results of step 3) been evaluated in terms of their environmental impacts?	Yes, an assessment of GHG emissions and recyclability (according to RecyClass) has been made. See the following documentation. It also lists the options (in gray) that have been eliminated by applying the strateav element "Design for Recycling".

	Prio 1	Prio 2	Prio 3
	Weight	Recyclability	GHG Emissions
	[g]	[Class after RecyClass)	[g CO2e per pot]
Initial variant: K3, PS	15,1	F	33,5
Minimum requirements	14,3	F	31,8
Optimisation target	13,5	С	30,2
Option K3, PP	12,8	C / F	22,9
Option PP	10,2	С	20,4
Option K3, Chalk	13,8	F	17,3
Option PS	12	F	40,8
Option Chalk	13,5	F	14,9



Step 4: Cross checking the optimisation effects achieved and solution of conflicting issues

Question	Documentation of Results
Is there one or several	Yes, both options meet the minimum requirements.
permissible options?	
1) Does one or do several resulting	Yes. See documentation of results.
options meet the previously	
established optimisation goals?	
Was the checklist "Dealing with	Yes; see following Note "Checklist Dealing with
Conflicting Issues" used and a	Conflicting Issues".
possible solution opted for?	



Step 3: Application of the Eco Design Strategy



Checklist: "Dealing with Conflictig Issues"



Checklist: Dealing with Conflicting Issues

Question	Documentation of Results
Were the results of the evaluation of the relevant	Yes. See the following visualization.
packaging options visualized in a suitable form?	



Explanation: The further inside of the diagram the line lies, the better the result in the target category



Checklist: Dealing with Conflicting Issues

Question	Documentation of Results
Were the results of the evaluation of the relevant	Yes. See the following visualization.
packaging options visualized in a suitable form?	

	Prio 1	Prio 2	Prio 3
	Weight	Recyclability	GHG Emissions
	lgj	[Class after Recyclass]	[g CO2e per pot]
Initial variant: K3, PS	15,1	F	33,5
Minimum requirements	14,3	F	31,8
Optimisation target	13,5	С	30,2
Option K3, PP	12,8	C/F	22,9
Option PP	10,2	С	20,4



Checklist: Dealing with Conflicting Issues

Question	Documentation of Results
Is there a packaging option that performs best in the highest	Yes. The PP all-plastic pot performs best.
priority category(s)?	
Are the results of this option in the	Yes. In the other categories it performs best as well.
other categories "sufficient"?	Therefore the PP all-plastic pot is chosen as the
	resulting option.



Back to the Management Checklist





Step 5: Using transparent and effective communication

Question	Documentation of Results
Have aspects been selected and processed that can/should be	Message (e.g.):
used as part of proactive communication with the end customer?	The packaging is recyclable and makes a
	significant contribution to climate protection
Is the preparation and external communication of the improved	(not done in this example)
environmental properties in line with communication standards?	
Have aspects been selected and processed that are needed to	At this point, the documentation of the
respond to (any) critical queries?	completed project is considered sufficient.